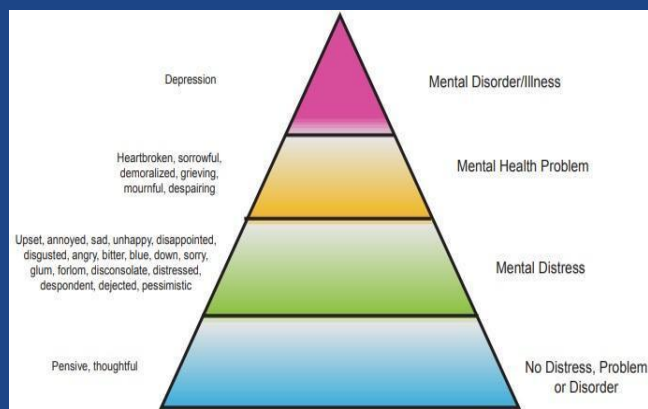


“[M]ental health means having the capacity to be able to successfully adapt to the challenges that life creates for people. These challenges are both positive and negative. In order to adapt to them, our brains need to apply all of their capacities of: emotions, cognition/thinking, signaling functions and behaviours. Our brains learn how to apply these capacities over time and as we grow and develop we are able to take on more and more challenges and become successful in dealing with them. This is because we have faced these challenges and learned to deal with them.” (Kutcher, 2017)



(Teen Mental Health Org., 2017)

For more information about the Social-Emotional Coach Program, please contact your school:

Principal, Assistant Principal, Inclusive Learning Teacher, or Social-Emotional Coach.

You can find their contact information on our website: <https://www.btps.ca>

SEC's Contact Information:

Janet Flynn - janet.flynn@btps.ca
Tanya Laye - tanya.laye@btps.ca
Joanne Flath - joanne.flath@btps.ca
Stacie Bakken - stacie.bakken@btps.ca
Leah Paul - leah.paul@btps.ca
Crystal Tower - crystal.tower@btps.ca

Social-Emotional Coach Program (SEC)



What is the Social Emotional Coach (SEC) Program?

The SEC program provides leadership, counselling (skills/strategies) to students, and coaching to grow students, families and teachers' capacity in the area of social-emotional health and wellness.

SEC team members are available to assist and support students, and their corresponding families, with a wide range of social, emotional and/or behavioral challenges. SEC team members possess the skills necessary to facilitate a number of other services and supports, including: consultation with multidisciplinary teams; student, family, staff, and/or small group facilitation; and school staff professional development, etc. with the approval of the Director of Inclusive Learning.

Who are the SECs



Stacie Bakken

School Assignments:

- * Dr. Folkins School
- * Edgerton Public School
- * E.H. Walter School
- * Hughenden Public School
- * Provost Public School
- * Amisk School



Tanya Laye

School Assignments:

- * Vermilion Elementary School
- * JR Robson High School



Janet Flynn

School Assignments:

- * Irma School
- * Wainwright Elementary School , * Wainwright High School



JoAnne Flath

School Assignments:

- * Clandonald School * Dewberry School
- * Marwayne Jubilee School * Vermilion Outreach School
- * Innisfree Delnorte School * Mannville School



Leah Paul

School Assignment:

- * Kitscoty High School
- * Kitscoty Elementary School