

Marauder **News**

Marauders: Explore, Create, Achieve.

Principal's Corner

Welcome back Marauders. It was great to see the excitement everyone had as they entered the doors for the first time this school year. After a long, hot summer it feels good to get back into the regular routines we area all used to. Having said that, our school will be following the direction of the BTPS Back to School 2021-22 plan. It can be found on our website and it was emailed to all parents in BTPS back in August. As a school we have maintained the hand sanitizer at entry doors and classrooms. We ask all visitors to report to the office, scan the

entry app and wear a mask at all times. While the wearing of masks is recommended for staff and students, some situations will require students to wear a mask in our school. For example, when riding buses and in certain classes where students are handling food or working very close together. Good hygiene, masks, distancing, physical sanitizer, small cohorts, etc. are all measures that are recommended by Alberta Health Services. Please support your student in the measures we continue to have in place to

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Around the School

Last year's Social 30 students created some ceiling tiles to be displayed in the school. More are shown on page 6.



September 3, 2021

J. R. Robson High School

5102 - 46 St. Vermilion, AB T9X 1G5

Phone: 780-853-4177 Fax: 780-853-2920

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Virtual Parent Advisory Council Meeting Monday September 27 @ 7:00 p.m. Text will be sent with details.

Website: jrrobson.btps.ca **School Calendar** http://jrrobson.btps.ca/ Calendar.php **Facebook:** https://www.facebook.com/ JRRobsonSchool/ App http://bit.ly/JRRapp



Principal's Corner Continued

ensure we minimize the health risks. Give me a call if you have questions.

We will be starting extra-curricular activities this week. Students are able to fully participate in extra-curricular sports and it is an important component to their overall mental health. Depending on the sport though, there are some restrictions in place. These will be communicated to parents by the coaches of the particular teams. I ask for the full cooperation of everyone so we can ensure that these opportunities can continue for the benefit of our students.

We will be having a virtual online Parent Advisory Council meeting on Monday September 27 at 7:00 p.m. A phone text will be sent out with information just prior to the meeting. We are in need of a president and all other positions. If the president position or the other positions available are of interest to you and you want to know more about what it entails please give me a call and I can give you some background information.

Since we continue to limit and monitor the entry of visitors to our school, we will not be having our annual open house or fall supper at this time. Hopefully things change and we can get back to where we were two years ago and have these important social events. It is encouraging that our sports teams and clubs can occur with some restrictions.

I am attaching the links to a couple of websites if you are looking for information about COVID and back to school. Planning for a school year and Parent Guide are two Government of Alberta online resources designed to give you information about the return of students to school.

Mr. Bates

Pirate Crew

Keep up to date with events at J.R



The Pirate Crew Instagram is a great way to make sure you don't miss out on any of the fun activities happening at the school

Follow us on In-

stagram at jrrpiratecrews

VIBE

Welcome back to the 2021/2022 school year! I hope everyone had a fantastic summer and are now ready to fall back into the school routine. I am Ramona Mathison, the VIBE Wellness Coach at JR Robson. VIBE is a Mental Health Capacity Building Project. VIBE focuses on mental health prevention through classroom programing, presentations, community events, etc. I am looking forward to the new school year and getting back into the classrooms. For VIBE updates, announcements and information make

sure to follow our facebook page, <u>VIBE (Vermilion Is Being Empowered)</u> as well as our Instagram account, <u>vibewellness</u>.



At the end of June last school year, Grade 9 students had a chance to play softball as a group activity.



Counsellor's Corner

We are super excited to welcome all students to another school year. This year we have three new teachers joining us. Ms. Falcon will be teaching Grade 8 & 9 Language Arts in place of Mrs. McLaren. Mr. Tyner will be teaching grade 7 courses in place of Mrs. Innes. Ms. Nelson will be teaching junior high Physical Education and Health in place of Mrs. MacKinnon. Please welcome our new teachers. As new moms, Mrs. Innes, Mrs. MacKinnon, and Mrs. McLaren will be busy with their new additions.

Our VIBE Coach, Ramona Mathison, will be available to students and involved in classes on Tuesdays and Thursdays. She would love to get to know each of you personally, so make a point of stopping to say, "Hi". Tanya Laye will be our Social/Emotional Coach for this school year. Tanya will be in our building on Tuesdays, Thursday mornings and Fridays to meet with students.

Mrs. Polishuk and Mrs. Hart will share the counsellor duties and are available for career counselling, registration information, personal counselling referrals and post-secondary questions. Mrs. Polishuk will be looking after the grade 7, 9 & 11 while Mrs. Hart will be looking after the grade 8, 10 & 12 students. We invite parents to contact us, at any time, if you have any concerns about your child's programming.

Students requiring extra help. Each teacher offers extra help sessions as part of their program. Please see course outlines or ask the teacher when they have extra help sessions. Lunch and Learn will be running again and this is an opportunity for students to get extra help to finish missing work.

Junior High Students: Welcome! Please stop by and introduce yourself to us. As counsellors, we look forward to getting to know each of you during your years at J. R. Robson. If you need help with preparing for exams, study skills, having trouble with some friends or just need someone to talk to, please come and see us, as we would be happy to help out.

Grade 10/11 Students: We would like to welcome our new students and returning students. Just a reminder the last day to add or drop courses for this semester will be Sept. 17. If you are thinking you might need to make a timetable change for the second semester, please do it as soon as possible as sometimes it is easier to do these changes when we have the entire year's timetable to work with.

Students are encouraged to start job shadowing, working part-time jobs, ask questions about various careers, and begin your career planning journey. Many post-secondary institutions will be hosting Open Houses during the months of September to November and students are encouraged to attend to learn more about potential programs and pick the post-secondary institution which is right for you. Open Houses may look different at each post-secondary school - many are going to a Virtual Tour, so please refer to their website to find out how open houses will be handled this year.

Grade 12 Students: See Mrs. Hart to review your program and make sure you are prepared for your post-secondary options. Registration will open on October 1 for most post-secondary institutions. Apply early. Many students are put on wait lists which adds to the stress of waiting for acceptance. A graduation meeting will be held in late September or early October for both parents and students to begin planning the graduation event and to review the process of applying for post-secondary school. Please watch for the date of this meeting. Also, students will be asked to set up a MyPass account https://public.education.alberta.ca/PASI/ mvPass/welcome with Alberta Education to access diploma exam results, access transcripts; an ApplyAlberta account https:// www.applyalberta.ca/ to apply to postsecondary schools; or a Student Finance System(SFS) account https:// studentaid.alberta.ca/. Please use a home email address to access these sights as your Buffalo Trail Public Schools email does not ex-

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Counsellor's Corner

ist after graduation.

For scholarship purposes: all scholarship information is located on our school website. Scholarship research begins in September. Follow the WHITE RIBBON link to access any scholarship information we are aware of. http://jrrobson.btps.ca/ Students in grades 10 - 12 are encouraged so start searching for scholarships that will suit their needs along their education journey.

Work Experience/RAP/Green Certificate students who worked during the summer, please see Mrs. Scully (gr. 11) and Mrs. Hart (gr. 10 & 12) to finalize your hours and complete paperwork or to enroll in the program for the 2021-2022 school year.

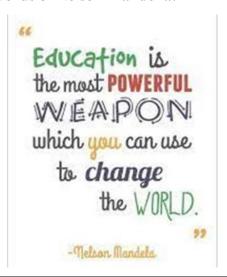
Green Certificate: Green Certificate is a 16 credit course allowing students to explore learning in the following categories: greenhouse, bees, equine, swine, poultry, sheep, cow/calf, and field crop. These 16 credits can be earned from Grade 10 to 12 and involve 3 tests levels X, Y, Z which can be written in November/February/May when the student feels they are ready to challenge that test. Please email: monique.hart@btps.ca if you are interested in registering for this event.

High School students interested in Lakeland College Courses, please see Mrs. Hart to enroll today. The chart on the right summarizes the sections available and dates. There is a registration and a fee for the program. The program is a 50/50 split between the student and the school.

For all students, post-secondary institutions will start hosting Open Houses in the months of October and November. Many are remaining virtual this year. To pick the right post-secondary school for you may involve some tours and visits. A detailed list will be available next month. As an example: here is the information to access Lakeland College's Open House

https://www.lakelandcollege.ca/admissions/plan-a-visit/open-house/

In the words of Nelson Mandella:



Mechanics	
Level 1	Sept 20 - 24, 2021
Level 2	Oct 18 - 22, 2021
Level 3	Jan 31 - Feb 4, 2022
Level 4	May 2 - 6, 2022
Welding	
Level 1	Nov 8, 9, 10, 12, 15, 2021
Level 2	Feb 14 - 18, 2022
Welding Art	Mar 3 & 4, 2022
Electrical	
Residential	Nov 8, 9, 10, 12, 15, 2021
Industrial	Feb 14 - 18, 2022
Interior Design - Level 1 & 2	May 16-20, 2022
Esthetics - Lev- el 1	TBA
Hairstyling - Level 1	TBA

Orange Shirt Day

September 30 marks a National Day for Truth and Reconciliation. BTPS is pleased to offer our students, families, and staff the opportunity to purchase a shirt designed by one of our very own students - Norah Melynk, a grade 8 student from Delnorte.

It's Time Promotions - Every Child Matters https://itpromo.ca/product-category/ every-child-matters/

The order deadline is September 7, 2021.



Youth & Adult T-Shirts available!

Two Delivery Options Available:

- ⇒ Choose to have your order delivered to one of the schools listed. BTPS family orders will then be sent home via students. Community members who order this way will need to make arrangements to pick their orders at the selected school between September 27-29, 2021. In the Order Notes section, please make sure to indicate your school.
- ⇒ Choose to have your order ship directly to you by providing your shipping address.

Yearbook

Order your 2021 Yearbook online! Order deadline is September 30, 2021

> http://ybstore.friesens.com/ stores/772478



2021 School Board Election

BUFFALO TRAIL SCHOOL DIVISION

The 2021 School Board Election Nomination Period is open and will remain open until 12:00 noon on Monday, September 20, 2021. The positions for 9 Trustees are open for nominations.

Please contact the Returning Officer, Faye Dunne to make an appointment to submit nomination papers between the hours of 8:30 AM to 4:30 PM. Nominations are required to include a \$200.00 cash deposit. For more information check out the Buffalo Trail Public School website at www.btps.ca then click on Board/Policies then click on Election 2021.

Faye Dunne, Returning Officer Buffalo Trail School Division 1041 – 10A Street Wainwright, AB T9W 2R4 780-842-6144

Email: faye.dunne@btps.ca

Vermilion Marauders 6-Man Football

JR Robson students

Grade 9-12 can play

Registration deadline: September 9th

Contact Mr. Maier to register

Fall Season Game & Practice Schedule

NOTE: this is a tentative schedule, game days and times may change



Week	Game and Practice Schedule (practices run 4:30 to 6:30 pm)	
Preseason September 5-11	Saturday September 11: Sun Bowl Jamboree - Hanna 10:00 am to 2:30 pm Practices: Tuesday, Wednesday, & Thursday	
Week 1 September 12-18	Thursday September 16: Vermilion vs. Hinton - away game, 4:00 pm NOTE: game will be played at Fuhr Sports Park in Spruce Grove Practices: Monday, Tuesday, & Wednesday	
Week 2 September 19-25	Thursday, September 23rd: Breton vs. Vermilion - home game, 5:00 pm <i>Practices: Monday, Tuesday, & Wednesday</i>	
Week 3 September 26-Oct 2	Tuesday, September 28th: Vermilion vs. Vegreville - away game, 4:00 pm Practices: Monday and Thursday	

Social 30 Ceiling Art Tiles











ORANGE SHIRT DAY

A COLLABORATIVE PROJECT BETWEEN BTPS AND THE PARK PLAIN EAST ATA DIVERSITY EQUITY AND HUMAN RIGHTS COMMITTEE

<u>September 30</u> is a National Day for Truth and Reconciliation

We wear orange shirts to recognize the harm done to generations of children by Indian Residential Schools and is an affirmation of our commitment to ensure that every child matters. On September 30, and everyday we commit to taking action toward Truth and Reconciliation.

"Empathy is compassion in action" Kevin John

"One small action can make a big difference" Sam Demma

On September 30, students across Buffalo Trail Public Schools are invited to attend a *virtual event featuring* keynote speakers including Sam Demma and Kevin John from They Build Bridges.

Stay tuned for more information this fall!





Help your child "reconnect"

As your child returns to school and activities this fall, you both may be feeling a variety of emotions; joy, excitement, fear, worry, confusion, nervousness - all are normal.

- Help them to understand and name their emotions.
- Explore together how to create strategies and build skills to manage those emotions.
- Support your child to have a plan to reconnect safely. This will help them be confident through this time of transition.

Be a positive role model

Model good coping behaviors, be calm, honest and caring.

Implement a daily routine and sleep schedule for the whole family.

Support your child - and others - if they wish to wear a mask.

Continue to practice good hand hygiene.

Help them rehearse how to reconnect with their teachers and classmates. Share how you have reconnected and do role plays to support them to reconnect successfully.

Talk openly

Transitions can be stressful. Taking time to talk openly can help ease the stress.

Regular time for conversations, like at the dinner table, will provide opportunity for each family member to share what is going well and what they are concerned about.

Listen, validate their experience, and express empathy and understanding.

Let them know you are there for them. Brainstorm together to identify other trusted adults they can reach out to for support.

Be compassionate

Be kind to yourself and to others.

Recognize that each person will move forward with change at their own pace.

Make a plan as a family to:

- pay attention to how you are doing
- notice how others are doing
- take things one day at a time and allow yourself to be flexible with change.

Encourage your child to be considerate, thoughtful and respectful of others, even when they have different opinions or

MORE RESOURCES

Preparing for a new school year | Alberta.ca

My-Back-to-School-Checklist-During-COVID-19.aspx (jack.org)

Information on mental health, community supports, programs and services in your area:

1-877-303-2642











