



Jun 1, 2022

**J. R. Robson High
School**

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Principal's Corner

With the arrival of June flowers also comes June course year end! I continue to encourage parents to provide study opportunities at home for your student. I have always maintained with the students that nobody can effectively study for 3 hours straight. It is more effective to study for ½ an hour, take a break, study a new topic for another ½ an hour, and so on. June 21 is National Indigenous Peoples Day and teachers will be looking at doing some activities with the students in their classroom, in addition to completing any critical content prior to the start of exams June 22. On June 23, the Grade 7-8-9 classes are writing exams, and at

designated non-exam times will be participating in cultural activities that are being cooperatively plan with Vermilion Elementary School. Students will be participating in a Round Dance and a First Nation drumming demonstration. Parents of Grade 7-8 students, please know that we will continue our strategy of having these grades write a course final exam for one course per day in the afternoon. In the morning, guided study sessions and energizers will occur. Some teachers in Grade 7-8 have elected to do final projects and activities instead of a final exam and this will be done prior to exam

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Grad
2022



June 29

Congratulations
to all our gradu-
ates!

Around the School

Gr. 8 Outdoor Ed students cooked tin-foil meals using campfire at school.



Website:

jrrobson.btps.ca
School Calendar
[http://jrrobson.btps.ca/
Calendar.php](http://jrrobson.btps.ca/Calendar.php)

Facebook:

[https://www.facebook.com/
JRRobsonSchool/](https://www.facebook.com/JRRobsonSchool/)
App
<http://bit.ly/JRRapp>



Principal's Corner Continued

week. This is something new teachers are trying and we are looking forward to seeing how it will work out. Grade 9's will write their four PAT exams in the mornings and will have their guided study sessions and energizers in the afternoon. On June 27-28, junior high teachers will work with students on any unfinished assessments and we expect students to attend school on those two days. We do recommend that your Junior High student attend school all day during final exam week. If you prefer to arrange other study options for your student that involves the student not being at the school, please contact us and let us know. Attendance will be taken and you will be notified of unaccounted for absences. Please see the attached exam schedule.

High School students will write exams in the morning but do not have structured review in the afternoon. However, course teachers are available to help with concerns or difficulties that students may have. Just arrange a time with the teacher please.

High School students will have their 2022-23 timetables prior to the end of the year. It was

stressed by Mrs. Hart and Mrs. Polishuk that students were to choose their courses carefully during pre-registration. We will entertain timetable changes only under special circumstances in the fall.

On June 29th we will be celebrating 12 years of educational accomplishments with our Graduation 2022 Class. Thank you to Mrs. Scully and Mrs. Boulay for working with the grad committees this year. I also want to give a big thank you to all of the parent and student volunteers on the various grad committees. You have worked hard to help put on this memorable celebration, and we truly appreciate all that you have done this past year in preparation for the big day.

Congratulations to all of our 2022 graduates. Each of you have worked very hard, at times under very trying circumstances, to get to this milestone. Our entire school has benefitted from your leadership and role modelling. I wish each one of you all the best in your future.

Yearbook 2022

LAST CHANCE!!!!

Get your yearbook today!

The 2021-2022 J. R. Robson Yearbook will represent this unique academic year. It maintains its hardcover and full-color jam-packed 72-pages.



Sales end June 15, 2022.

Please use the following link to order your yearbook today:

<http://ybstore.friesens.com/stores/772478>

Anything But a Backpack



Students got creative finding ways to carry their school books and items on Anything But a Backpack Day.



Counsellor's Corner

Wow, this is the last month of the school year. We survived a whole year without a huge COVID disruption. Perhaps this is a sign, life is returning to normal.

We would like to welcome the **Grade 6 Students from Vermilion Elementary School** to our orientation session to take place on June 20. We are looking forward to meeting these students. This means the grade 7 students will stay home that day with guided study to prepare for exams.

As we near the end of the year, there are always a lot of assignments, tests and projects to complete. Remember to stay focused and you will end this year with success. Last day of critical content is June 21 for grade 7, 8, 10 & 11 students and June 17 for grade 9 & 12 students. Chat with your teachers, if you have any questions about your course work. Students may be invited by their teachers to complete missing coursework on exams days after exams. Please chat with your teacher to make sure you have finished the course as required.

Attention Grade 12 Students: Rutherford Scholarship & other Government Scholarship Applications: Applications are made online. Students are encouraged to apply 1-2 months prior to attending their post-secondary institution. Students can apply sometime in June/July for fall application or one month prior if attending a winter session. Information on the Alberta Government Scholarship program can be found at: studentaid.alberta.ca/scholarships or studentaid.alberta.ca/scholarships/alberta-scholarships

- **Scholarship deadlines will be strictly adhered to and no applications submitted after the deadline will be accepted.**
- **Registered Apprenticeship Program Scholarship information** - if you are

registered in the RAP program in high school or after, be sure to apply for the RAP Scholarship. I believe these are now administered through the RAP Program but more details can be found at this website

<https://tradesecrets.alberta.ca/financial-assistance/scholarships/rap-cts-scholarships>

- **Student Aid Alberta Service Center toll free line: 1-855-606-2096**
- **Student Loan Information:** To apply for a loan for this fall, you will apply in August. Student loan information will also be found at studentaid.alberta.ca
- There are awards/scholarships available for students with **First Nations, Metis Inuit decent** this website includes scholarships for you: <http://studentaid.alberta.ca/scholarships/alberta-scholarships/indigenous-careers-award.aspx>
- **All grade 12 students should have a myPass account registered with Alberta Education's secure self-service website so students may:**
- View diploma exam results and request rescoring
- Register to write a diploma exam
- Order high school transcripts
- View progress towards a diploma or certificate
- View or print your detailed academic reports
- To sign up for this account: <https://public.education.alberta.ca/PASI/myPass>
- **BTPS Student Email Accounts:** These accounts will be disabled or expire three months after you have left school. Please make sure you change your email address if you have important contact information coming to this address.
- Scholarship information as it becomes

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Counsellor's Corner Con't

available will be updated on the J. R. Robson School website

- Get your **yearbook quotes** to Lemonee asap
- Graduation Commencement Ceremonies - June 29

The 2022-2023 timetable is in the creation stage and it is our goal to **provide students with a copy of your 2022-20.32 timetable shortly**. If you fail a course, please see Mrs. Hart or Mrs. Polishuk to change your timetable as soon as possible. For next school year, it is going to be very difficult to deviate from your course selections during registration. Due to staff cuts, our timetable is becoming tighter as there are fewer offerings of each course.

New Scholarships available on the J. R. Robson website:

*****The Lloydminster Section of the Society of Petroleum Engineers** donates these awards to worthy candidates to recognize graduating high school students:

- ⇒ Personal development
- ⇒ Academic Achievement
- ⇒ Contribution to school and community

The scholarships are intended to financially assist students who will be continuing their education in a post-secondary institute and who are majoring in **SCIENCE or ENGINEERING with relationship to the petroleum industry**. The applicant must be in full time attendance and a member of the current year's graduating class. At the time of awarding the scholarship the applicant must be enrolled full time in a post-secondary program of studies at a university, college or technical school. Two (2) High School Scholarships at \$1,000.00 each are available. Additional information on SPE Lloydminster can be found at –

<http://connect.spe.org/lloydminster/home>

*****SOAR Scholarship: Spirit of Adriana Rajotte Scholarship**

This scholarship was created to commemorate a life well lived. We are seeking candidates that have strong academic skills, are involved in their parish and community and in service to others. The scholarship is for students in Wainwright and the surrounding area and preference will be given to those who plan on studying out of province. To apply, use this link to the application form: https://docs.google.com/document/d/1PiPJwwCPhIQCPc1_qMoG1zNUyGpWBJH8rK6NwFz3GpU/edit

Your final PowerSchool marks should be finalized on June 28.

Watch for details on **fall registration days** in the newspapers, on our Facebook page or on the school website. Timetable changes may be made those days as well. Please make an appointment, if possible at the school office 780-853-4177.

Work Experience/RAP/Green Certificate - For all students who will be working during the summer or need to move to the next level will need to have their program agreements into either Mrs. Scully/Mrs. Hart soon. All

paperwork needs to be completed shortly. See either Mrs. Hart or Mrs. Scully to verify your course work.

Students Online Courses - all materials are due on June 1 for all courses. See Mrs. Scully to write exams, hand in or pick up booklets.

Well that is a wrap for the 2021-2022 school year. We have had a successful year and made some memories together. Have a safe, relaxing and restful summer. See you August 30, 2022 to begin the next chapter.

Mrs. Polishuk & Mrs. Hart

May Outdoor Activities



At long last our canoe trips were allowed to resume and J.R. Robson took full advantage. The armada of PE 20/30 travelled to Lakeland Provincial Park for a two night adventure. Multiple portages on cart and through slews, great fishing, cool camping, delicious food, and many many memories were made. Thank you to the Hagers who allowed us to use two of their canoes and Miss Christie for her extra canoe trailer!! (Group picture above)



And after 2 years of not having it due to the pandemic, our Junior High Track Day was back on Wednesday, May 18 for all junior high students. We also played host to the Northerns Track Meet on May 26 and the BTPS Finals on June 2.



Thank you to Nunweiler Flour Company in Hague, Saskatchewan who donated some flour to help line our track. Your generosity is appreciated and a huge part in the success by all the kids who have taken part in our track and field days.

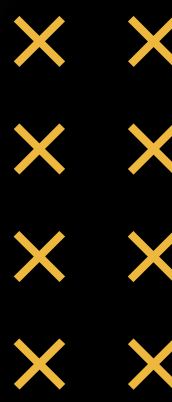


June 2022 Final Exam Schedule

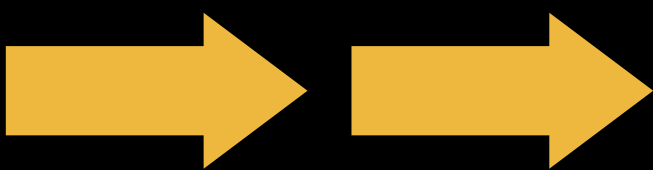
Date	Morning exams- begin at 9:00 AM	Afternoon Exams- begin at 12:45 (in small gym)
June 13	ELA 30-2 Diploma: Part A	
June 14	SOCIAL 30-1 Diploma: Part A	
June 16		Math 31 final (12:30)
June 17	Last day for regular course content grade 12	
June 20	ELA 30-2 Diploma: Part B	
	ELA 9 PAT part B (75 min) - normal classes for grade 9 when done exam	
June 21	National Indigenous Peoples Day - no exams	
June 21	Last day for regular course content grades 7, 8, 9, 10 & 11	
June 22	SOCIAL 30-1 Diploma: Part B	
	BIO 20	
	CHEM 20	
	Math 9 PAT (Part A and Part B with a break in between) Tutorials and energizers throughout the afternoon	LA 7 - Tutorials with energizers in the morning and exam in the afternoon
June 23	Science 9 PAT (80 min) Tutorials and energizers throughout the afternoon	
	MATH 20-1	
	SOCIAL 10-1/ 10-2	
		Math 8 - Tutorials with energizers in the morning and exam in the afternoon
		Social 7 - Tutorials with energizers in the morning and exam in the afternoon
June 24	CHEM 30 Diploma	
	SOCIAL 20-1	
	MATH 10C	
	SCIENCE 10	
	Social 9 PAT (80 min) Tutorials and energizers throughout the afternoon	
		Social 8 - Tutorials with energizers in the morning and exam in the afternoon
		Science 7 - Tutorials with energizers in the morning and exam in the afternoon
June 27	PHYSICS 30 Diploma	
June 28	SCIENCE 30 Diploma	



07/11/22 TO 07/15/22
BASKETBALL CAMP
@PARKVIEW ALLIANCE CHURCH



MORE INFO?



SCAN HERE!



Helping children be mindful

Being mindful means paying attention to the present moment, exactly as it is.

Often we worry about the future or obsess over the past. It is really hard to be anxious if you are completely focused on the present moment – what you are sensing and doing right NOW.

Why do we want to be mindful? Living life more mindfully can help you to handle stress when it arises, and also experience life more fully, with more joy and gratitude.

Benefits of a regular mindfulness practice

Research demonstrates that practicing mindfulness regularly:

- Is good for your health
- Reduces stress and anxiety
- Increases compassion and kindness
- Improves focus and attention
- Strengthens resilience and emotion regulation
- Improves relationships and overall well-being
- Is great for both adults and children

Practice mindful breathing with your child

Sit comfortably with your back straight.

Focus your attention on your breathing.

Notice what it feels like to breathe in and out. Feel the rise and fall in your chest or belly or the cool air on the in breath and the warmer air on the out breath.

You can silently say to yourself “breathing in”, “breathing out”. Keep going for 5 more breaths.

If you get distracted, simply notice and gently bring your attention back to the feeling of breathing in and out.

Notice how you feel now?

Try these mindfulness practices with your child

Tune into your environment through your 5 senses.

- Pause, take a few slow breaths and ask: what are 5 things I can see? 4 things I can hear? 3 things I can feel? 2 things I can smell and 1 thing I can taste?

Share something you are thankful for or something you appreciate about another person.

After each practice, notice how your body and minds may feel calmer.

Make a mindful moment a regular part of your day!

MORE RESOURCES

[Mindfulness Exercises - Anxiety Canada](#)

[Meditation for Kids - Headspace](#)

[Mindfulschools.org](#)

Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642



Weekly QR Scavenger Hunts

from July 4th - August 26th
(check VIBE's Facebook page for
new clues each week to win PRIZES)

Walk & Talks in Vermilion

Mondays-Wednesdays in July
Wednesdays-Fridays in August
(check VIBE's Facebook page each
week for new walking locations in
Vermilion)

Grab and Go Children Bags

Available Wednesdays from 4:00 p.m.
to 7:00 p.m. at Heritage Park Pizza
Oven. One bag per family per summer

All of VIBE's summer
programming has a social skills,
relaxation and craft component!

FREE OPEN PIZZA OVEN

Bring your own raw thin-crust pizza
and we will cook it for you. Also bring
your knife to cut your pizza, a cutting
board, utensils, plates, drinks and any
other food you want to eat.

When: Every Wednesday night from
July 6th - August 17th

Where: Heritage Park
5324 50th Avenue, Vermilion

Time: 6:00-7:00 p.m.

Partnerships

FCSS: County of Vermilion, Town of Vermilion,
Village of Marwayne, Village of Kitscoty
AHS Community Capacity Building Grant

Cornerstone Co-op

Mental Health Foundation

Vermilion Provincial Park

Vermilion Public Library

Vermilion Wellness Coalition

Vermilion Senior's Center

Lakeview Property Maintenance



Mental Health
Capacity Building



VIBE

Summer Programming

For more information check here:

Facebook: VIBE Vermilion
Email: pat.calyniuk@btps.ca
Phone: (780) 853-3718

Drop-In Programming

ALL VIBE PROGRAMMING IS FREE!

Wednesday Mornings

Location: Heritage Park

Time: 9:30-11:45 a.m.

July 6th: Clay Faces

July 13th: Rock & Chalk X's and O's

July 20th: Bird Feeders

August 3rd: Slime

August 10th: Mandela Rocks

August 17th: Clothespin Cars & Balloon Cars

Thursday Mornings

Location: Heritage Park/Vermilion Public Library

Time: 9:30-11:45 a.m.

July 7th: Magnets & Button Making

July 14th: Painting Unicorns & Dragons

July 21st: Slime, Stress Balls, Calm Bottles, Rice Bottles, Pinwheels @ the Vermilion Public Library

August 4th: Bead Art on Canvases

August 11th: Free Tie Dyeing @ Heritage Park from 12:00-3:00 p.m. (Activity is for youth; shirts provided youth to adult sizes. You are welcome to bring your own shirt.)

August 18th: Cards, Buttons, Magnets, Kindness Jars, Mirrors @ the Vermilion Public Library

Thursday Afternoons

Location: Splash Park @ the Vermilion Provincial Park (Weather Dependent)

Time: 1:00-4:00 p.m.

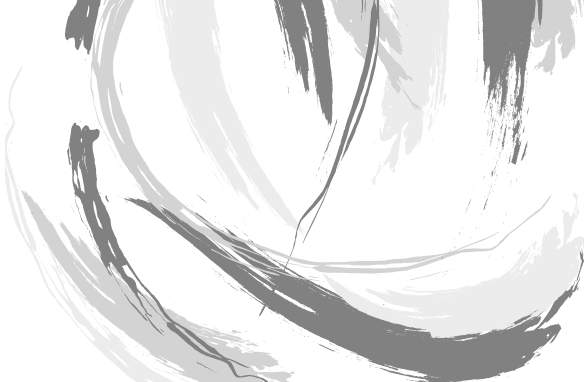
July 7th: Beach Balls w/Positive Messages

July 14th: Bubble Socks

July 21st: Pinwheels

August 4th: Frisbees w/ Strength Messages

August 18th: Bubble Wands w/ Kindness Messages



Celebrate Our Differences

Where: Fridays at the Provincial Park Shelter Across from CN Station

Time: 9:30-11:30 a.m.

July 8th: Crafts & Activities from Australia

July 15th: Crafts & Activities from Philippines

July 22nd: Crafts & Activities from India

August 5th: Crafts & Activities from Ukraine

August 12th: Crafts & Activities from Japan

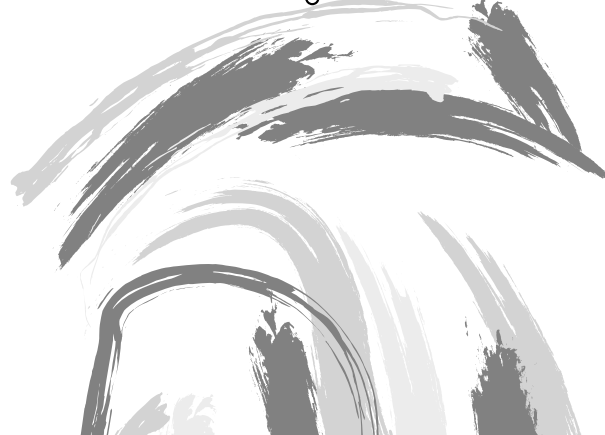
August 19th: Crafts & Activities from China

Teen Week

When: August 22nd-25th

Ages: 12+ ONLY

Check VIBE's Facebook page in August for updates on locations & activities for teens during Teen Week



Out of Town Days

TUESDAY JULY 5TH

Where: Marwayne on Main St.

Time: 12:00-3:00 p.m.

Activity: Balloon Cars & Bubble Socks

TUESDAY JULY 12TH

Where: Kitscoty on Main St.

Time: 12:00-3:30 p.m.

Activity: Balloon Cars & Bubble Socks

TUESDAY JULY 19TH

Where: Dewberry at the Co-op

Time: 9:30-12:00 p.m.

Activity: Slime & Stress Balls

Where: Marwayne on Main St.

Time: 1:00-3:30 p.m.

Activity: Slime & Stress Balls

TUESDAY JULY 26TH

Where: Kitscoty on Main St.

Time: 12:00-3:30 p.m.

Activity: Slime & Stress Balls

TUESDAY AUGUST 9TH

Where: Marwayne on Main St.

Time: 10:00-3:00 p.m.

Activity: Tie Dyeing

TUESDAY AUGUST 16TH

Where: Kitscoty on Main St.

Time: 10:00-3:00 p.m.

Activity: Tie Dyeing