



# **Principal's Corner**

Welcome back Marauders. It is always great to see the students return and everyone seemed eager to be back. Mark your calendar for our **Open House on September** 22 from 4:30-6:30 pm. Parents and students are welcome to stop by and tour through our building to see what is going on. We will have burgers available as well. On that same night our football team will be playing a game against Hanna so feel free to go out and catch our football team in action.

We will be starting extracurricular activities this week.

Students are able to fully participate in extra-curricular sports and it is an important component to their overall mental health. Volleyball, football. and cross-country running are up and going. Many teams are booked into tournaments and competitions already. As I told all students at our opening day assembly, get involved in any of our extra-curricular activities and make this a great school year.

Marauder

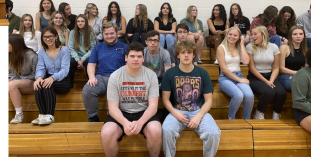
News

We will be having a **Parent** Advisory Council meeting Wednesday September on (Continued on page 2)

# Around the School



Grade 12 students on their last 'first day' of school.



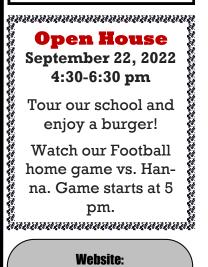
September 7, 2022

#### J. R. Robson High School

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## **Principal's Corner Continued**

**28** at 7:00 p.m in the Learning Commons room. Our returning chair is Mr. Ed Reddy. Other executive positions are available. Meetings roughly last an hour and our local Board of Trustees do give a report. Please plan on attending and we hope to see you there.

As I explained last spring, our school budget was reduced for this year and ultimately it had a negative effect on our teaching staff and a reduction occurred. However, I am confident that we have been able to adjust accordingly and continue to meet the educational needs of our students. We have had to use video conferencing in high school for the low enrolment courses, but we have some excellent BTPS teachers delivering courses to our students. In addition, our school is sending a course out to another BTPS school Semester 1. As we move forward, we will continue to look for creative ways to en-

Pie by Sarah Weeks

sure our students are getting the courses they want and need.

On September 30th, there is no school for students as we recognize the National Day for Truth and Reconciliation. The day honours the children who never returned home and Survivors of residential schools. as well as their families and communities. September 30 is also Orange Shirt Day, a day that is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". We are encouraging our students to wear orange shirts on September 29 since we have no school on September 30.

Looking forward to seeing you at our Open House September 22.

Mr. Bates

### Happy Cat Month at the LC If you would like have a picture of your cat added to the LC display, please email a digital photo to raynette.schroeder@btps.ca Some suggested reads from the LC: ODD STRASSER Dewey the library cat : a true SICK CAT story by Vicki Myron ackPack The Grumpy guide to life: observations by Grumpy Cat Cats' whispers and tales edited by Robert Westall The Underneath by Kathi Appelt Whittington by Alan Armstrong Hate that cat by Sharon Creech Is that a sick cat in your backpack? by Todd Strasser

Sarah Weeks

## National Day for Truth and Reconciliation

A little over a year ago, the remains of 215 children were found buried at a mass grave site on the grounds of a residential school in British Columbia. Since then, hundreds more have been discovered. I was given my acrylic project for Art 20 with the prompt, "Canadian Triptych". Upon hearing the subject, I decided that painting a First Nations ceremonial headdress was a great way to bring awareness to the struggles that Indigenous peoples in Canada have undergone in both the past and the present. The orange in my painting represents the effects of residential schools and their repercussions on the students and families of those who attended. Red has been the chosen colour to acknowledge Missing and Murdered Indigenous Women. In Canada alone, an estimated 4000+ women are reported murdered or missing. Despite making up only 4% of the population, 25% of homicide victims are Indigenous women. Lastly, the yellow I chose to incorporate within the piece can be tied to dawn, and the newfound hope that comes with a new day and new beginnings.



The National Day for Truth and Reconciliation is September 30, 2022. Students are encouraged to wear an orange shirt on Thursday, September 29 for Orange Shirt Day

# **Hot Lunch**

Amaya Myhovich

# Ordering Instructions for first time users:

All orders will be completed online through HotLunches.net to ensure accuracy and to make the process easy for everyone.

Here's how to get started...

- Go to jrr.hotlunches.net
- Click on "Click Here to Register"
- Enter Access Code: JRHL
- Complete the rest of the registration form. Including your email address will ensure you receive reminder emails about hot lunch order deadlines, and your child's hot lunch order for the upcoming week.
- Click the "Register Now" button at the bottom

- Follow the instructions to add each child in your family who attends J. R. Robson School. Once your child(ren) are registered, click on "Orders"
- Proceed to order hot lunch for your child(ren)

### Payment:

At this time we are accepting cash and cheque payments only. Please make sure to print the remittance form and return it

along with your payment to the school.

\*\*Please Note: No orders will be received after the monthly order deadline.



## **Counsellor's Corner**



Our school year is now in full swing. We hope everyone is rested and ready to go back to work. It is great to see new and returning faces. the new fashion trends, the growth spurts and the hustle and bustle in the gym,

as our sports teams begin their seasons.

**Our VIBE Coach, Ramona Mathison** <u>ra-</u> <u>mona.mathison@btps.ca</u>, will be available to students and involved in classes on Tuesdays and Fridays. **Cassie Digness-Melnechenko** <u>cassie.digness-melnechenko@btps.ca</u> will be our **Social/Emotional Coach** for this school year. Cassey will be in our building to meet with students on Mondays, Wednesdays, Thursday mornings and alternates every other Friday morning, to meet with students.

Mrs. Polishuk <u>nicole.polishuk@btps.ca</u> and Mrs. Hart <u>monique.hart@btps.ca</u> will share the counselor duties and are available for career counseling, registration information, personal counseling referrals and postsecondary questions. **Mrs. Polishuk will be looking after the grade 8, 10 & 12** while **Mrs. Hart will be looking after the grade 7, 9 & 11 students**. We **invite parents** to contact us, at any time, if you have any concerns about your child's programming.

For specific learning needs, Mrs. Scully and Mrs. Kaye will be operating our Inclusive Learning department. If you have high school questions, please contact Mrs. Scully <u>kelly.scully@btps.ca</u>, and junior high please contact Mrs. Kaye <u>krisy.kaye@btps.ca</u>

We will be hosting an **open house on Thursday, September 22 from 4:30 - 6:30.** We would like to invite all parents and students to attend and enjoy a light supper with us. <u>As part of this evenings entertainment, our</u> <u>Marauder Football Team will be playing in</u> <u>their home opener</u>. Come and cheer the team on.

**Students requiring extra help.** Each teacher offers extra help sessions as part of their program. Please see course outlines or ask the teacher when they have extra help sessions. **Lunch and Learn** will be running again and this is an opportunity for students to get extra help to finish missing work.

<u>Junior High Students:</u> Welcome! Please stop by and introduce yourself. If you need help with preparing for exams, study skills, having trouble with some friends or just need someone to talk to, please come and see us, as we would be happy to help out.

<u>Grade 10/11/12 Students:</u> Just a reminder the last day to add or drop courses for this semester will be Sept. 16. If you are thinking you might need to make a timetable change for semester 2, please do it as soon as possible as sometimes it is easier to do these changes when we have the entire year's timetable to work with.

Many postsecondary institutions will be hosting Open Houses during the months of September to November and stu-



dents are encouraged to attend to learn more about potential programs and to choose the post-secondary institution which is right for you. Here are the first open house dates for the year.

Open House Dates	
University of Saskatchewan	Sep 22, 2022
Keyano College - Fort Mc Murray	Sep 27, 2022
Northern Lakes College - Slave Lake	Oct 1, 2022
Lethbridge College	Oct 5, 2022

(Continued on page 5)

## **Counsellor's Corner Con't**

Grade 12 Students: See Mrs. Polishuk to review your program and make sure you are prepared for your post-secondary options. Registration will open on October 1 for most post-secondary institutions. Apply early. Many students are put on waitlists which adds to the stress of waiting for acceptance. A graduation meeting will be held in early October for both parents and students to begin planning the graduation event and to review the process of applying for postsecondary school. Please watch for the date of this meeting. Also, students will be asked to **MyPass** set up а account https:// public.education.alberta.ca/PASI/myPass/ welcome with Alberta Education to access diploma exam results, access transcripts; an **ApplyAlberta** account https:// www.applyalberta.ca/ to apply to postsecondary schools; or a Student Finance System(SFS) account https:// studentaid.alberta.ca/. Please use a home email address to access these sights as your Buffalo Trail Public Schools email does not exist after graduation.

enroll in the program for the 2022-2023 school year.

**Green Certificate:** Green Certificate is a 16 credit course allowing students to explore learning in the following categories: greenhouse, bees, equine, swine, poultry, sheep, cow/calf, and field crop. These 16 credits can be earned from Grade 10 to 12 and involve 3 tests levels X, Y, Z which can be written in November/February/May when the student feels they are ready to challenge that test. Please email: <u>monique.hart@btps.ca</u> if you are interested in registering for this program.

High School students interested in Lakeland College Courses, please see Mrs. Hart to enroll today. The chart below summarizes the sections available and dates. There is a registration form and a fee for the program. <u>Students will pay a material and course fee</u>. See Mrs. Hart for application forms. (All courses are 2 credits each)

For scholarship purposes: scholarship all information is located on our school website. From the home page choose - Student Menu and then choose -Scholarships. Scholarship research begins in September. Students in grades 10 - 12 are encouraged so start searching for scholarships that will suit their needs along their education journey.

Work Experience/RAP/ Green Certificate students who worked during the summer, please see Mrs. Polishuk (gr. 10 & 12) and Mrs. Hart (gr. 11) to finalize your hours and complete paperwork or to

Class times	Course	Level
8:30-3:30 pm	Mechanics	Level 1
8:30-3:30 pm	Mechanics	Level 2
8:30-3:30 pm	Mechanics	Level 3
8:30-3:30 pm	Mechanics	Level 2
8:30-3:30 pm	Mechanics	Level 4 (Brakes)
8:30-3:30 pm	Mechanics	Level 3
8:30-3:30 pm	Welding	Level 1or2
8:30-3:30 pm	Welding	Level 2
8:30-3:30 pm	Electrical	Residential Wiring
8:30-3:30 pm	Interior Design	Level 1
8:30-3:30 pm	Interior Design	Level 2
	8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm 8:30-3:30 pm	8:30-3:30 pm   Mechanics     8:30-3:30 pm   Welding     8:30-3:30 pm   Welding     8:30-3:30 pm   Electrical     8:30-3:30 pm   Interior Design

# 2022 Vermilion Marauders football

Fall Season Game & Practice Schedule

NOTE: this is a tentative schedule, game days and times may change



Week	Game and Practice Schedule (practices run 4:30 to 6:30 pm)
Preseason	Parent meeting - Wednesday Sept 8: 6:15 after practice at football shed
September 4-10	Sun Bowl Jamboree - Hanna: Saturday Sept 10: 10:00 am to 2:30 pm Practices: Tuesday, Wednesday, & Thursday
Week 1 September 11-17Away game: Vermilion vs. Millwoods Christian Academy (Edmo Thursday Sept 15: 4:00 pm start Practices: Monday, Tuesday, & Wednesday	
Week 2 September 18-24	<i>Home game:</i> Hanna vs. Vermilion, Thursday, Sept 22nd: 5:00 pm start <i>Practices: Monday, Tuesday, &amp; Wednesday</i>
September 10-24	<b>Team Bottle Drive Fundraiser: Saturday Sept. 24</b> - meet at JR Robson School at 9:00 am
Week 3 September 25-Oct 1	Home game: Provost vs. Vermilion, Thursday, Sept 29th: 5:00 pm start Practices: Monday, Tuesday, and Wednesday
Week 4 October 2-8	Away game: Vermilion vs. Sedgewick, Wednesday, Oct 5: 4:00 pm start Practices: Monday and Tuesday
Week 5 October 9-15	<b>Away game: Vermilion vs. OLMP (Camrose), Tuesday, Oct 11:</b> 5:00 pm start <i>Practices: Monday and Thursday</i>
Week 6 October 17-22	<i>Home game:</i> Vegreville vs. Vermilion, Thursday, Oct 20: 5:00 pm start <i>Practices: Monday, Tuesday, and Wednesday</i>
Week 7 October 23-29	Vermilion bye week - no game scheduled this week Practices: Monday, Tuesday, Thursday

### Playoffs schedule

**Provincial playoffs** - top three teams in the East and West divisions qualify for Alberta 6-man Football provincial championship

Round 1 - Nov. 4: 3rd place East vs. 2nd place West; 3rd place West vs. 2nd place East (1st place East and West get bye)

Round 2 - Nov. 11: Winners of Round 1 vs 1st place East and 1st place West

Round 3 - Nov. 25: Winners of Round 2 play in provincial championship final

**League playoffs** - 4th and 5th place teams in the East and West divisions qualify for Alberta 6-man Football League championship:

<u>Round 1 - Nov. 4</u>: 5th place East vs. 4th place West; 5th place West vs. 4th place East <u>Round 2 - Nov. 11</u>: Winners of Round 1 play in league championship final

# 2022 Alberta 6 Man football league

West Division				
Breton				
Rimbey				
Hinton				
Edson				
Drayton Valley				
Slave Lake				
Westlock				
Buck Mountain				
East Division				
Hanna				
Provost				
Sedgewick				
Our Lady of Mount Pleasant (Camrose)				
Millwoods Christian Academy (Edmonton)				
Vermilion				
Vegreville				

## Addiction & Mental Health News

Create Connections = Build Resilience

When we are connected with others, it makes us more resilient. Resilient children often feel a strong bond with friends, family members, teachers and other people in caregiver roles. They feel protected and believe they can count on their network to be there for them.

Meaningful participation in the home, school and neighbourhood contributes to the resilience of children and youth. It increases their sense of connection, decreases their isolation, and helps them succeed in school.

### Neighbourhood Connections = Build Resilience

The Neighbourhood is an important place where children build independence, resilience, and self-reliance and develop skills to connect with others. When you and your children get to know people in your Neighbourhood, you'll benefit in many ways, including:

- Increasing your sense of belonging and safety.
- Building social and emotional skills.
- Contributing to your community, accepting others and building empathy. When children play with others, they learn to be active and more creative.

**Family Connections = Build Resilience** Build family connections by creating family routines where you eat meals together, read together and be active together.

- Show interest in activities your children enjoy and do them together.
- Help your children develop healthy relationships with their siblings and encourage them to spend time together, have fun, and be active and creative.
- Intentionally connect with extended family members to build your children's circle of supportive, trusted adults.

#### School Connections = Build Resilience Here are simple ways to build connections at school:

- Connect with your child's teacher early to establish a good relationship and invite open communication.
- Share information to help the teacher connect with your child and support their success.
- Connect with your child daily, be there to cheer them on and help them brainstorm solutions for any challenges.
- Encourage your child to participate in school activities. Volunteer when you can.
  Positive peer relationships in childhood are one of the best predictors of good mental health in adulthood.

MORE RESOURCES Simple Connections, Stronger Families Colouring Book AHS Back to School Health Family Resources

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Information on mental health, community supports, programs and services in your area:



Addiction Services Help Line 1-866-332-2322

Mental Health Help Line 1-877-303-2642



