



Principal's Corner

Our next School Council meeting on Wednesday November 30th at 7:00 pm. BTPS Superintendent Rhae-Ann Holoein will be in attendance and is looking forward to meeting those in attendance. Hope to see you there.

October was a very busy wrap-up month for many of our volleyball and cross country running teams. Cross country runner Linden Adams placed 5th in the province at the ASAA Cross Country Provincial competition in Enoch. Congratulations, Linden! A big thank you to all our community coaches who provided

some excellent leadership for our students. Your efforts are greatly appreciated. Basketball season will be starting shortly; if students are interested in playing please see Mr. Woodward.

There is no school for students the week of November 7-11. Our Remembrance Day ceremony will occur at 1:00 pm on November 4 in our gymnasium. Thank you to Mr. Maier for organizing. Teachers will be busy with professional development on November 7 and 8. On the 7th we will be completing two workshops;

(Continued on page 2)

Around the School

Chemistry 20 students tested Boyle's gas law which studies the relationship between pressure and volume



of a gas sample. By adding various amounts of books to a gas sample in the syringe they observed how the volume changes.

In this edition:

Principal's Corner.....	1
Around the School.....	1
Principal's Corner Con't.....	2
Sports Updates.....	2
True Crime at the LC.....	3
Coach Wanted.....	3
Donation Thank You.....	3
Breakout Boxes.....	3
Counsellor's Corner.....	4
Counsellor's Corner Con't.....	5
Counsellor's Corner Con't.....	6
Globalization Potluck.....	6
Halloween.....	7
VWC Free Swim.....	8
Santa Anonymous.....	9

School Council Meeting

Wednesday,
November 30
7pm

Everyone welcome!

Website:

jrrobson.btps.ca
School Calendar
[http://jrrobson.btps.ca/
Calendar.php](http://jrrobson.btps.ca/Calendar.php)

Facebook:

[https://www.facebook.com/
JRRobsonSchool/](https://www.facebook.com/JRRobsonSchool/)
App
<http://bit.ly/JRRapp>



Principal's Corner Continued

the morning with an ATA facilitator conducting a Truth and Reconciliation workshop and the afternoon with Lana Lane on literacy. On November 8th the entire BTPS teaching staff is in Wainwright for an ATA organized day of learning.

While Christmas seems along ways away, once students get back on November 14 we will have six weeks of uninterrupted instruction. During that time expect most high school courses, especially Diploma courses, to be close to completing all the critical content before the Christmas break. Our first Diploma exam is January 12th, three days after students get back from the Christmas break. I want to en-

courage parents to help their student(s) manage the various things they are involved in. For example, many students are telling me that they have part-time jobs and are spending a good amount of time at work. Many of our students are involved with sports teams. These are all important events to our students. However, sometimes students need help in creating a healthy balance between school, work and activities outside of school. As we get closer to January and semester end, it can become a stressful time for students. I just ask that parents be aware and help with that healthy balance if they see their student start to feel overwhelmed with all they are involved with.

Sports Updates

On October 20th, Vermilion Marauders football team lost an exciting close game to Vegreville 63-48. They will play Hinton in the first round of playoffs Thursday November 3rd at Clarke Field in Edmonton.



JR Robson hosted Cross Country Running Zones on Thursday, Oct. 6. Congratulations to Linden Adams who placed 1st in the Jr. Mens, Breanne Gourley placed

7th in Intermediate Womens and Korey Hemauer who also placed 7th in the Sr. Mens category. All three athletes headed to Provincials hosted by Maskekosak Kiskinomatowikamik & Ever Active Schools in Enoch on Saturday, Oct 15, where Linden Adams placed 5th in the province! Way to go, Linden!

Grade 7 Girls Volleyball had a great season of fun and improvements!



True Crime at the LC

Some suggested reads
from the LC:

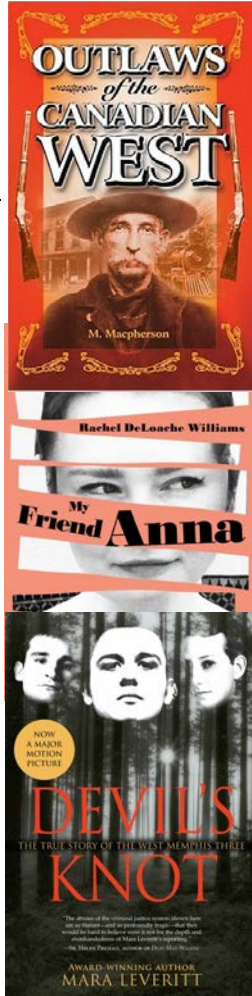
The billionaire murders :
the mysterious deaths of
Barry and Honey Sherman
by Kevin Donovan.

Outlaws of the Canadian
west by M.A. Macpherson.
She said yes : the unlikely
martyrdom of Cassie Ber-
nall by Misty Bernall ; af-
terword by Michael W.
Smith.

Devil's knot : the true sto-
ry of the West Memphis
Three by Mara Leveritt.

My friend Anna : the true
story of a fake heiress by
Rachel DeLoache Wil-
liams.

To find more related titles,
go to our LC catalog at
destiny.btps.ca and select
JR Robson High School
from list of schools.

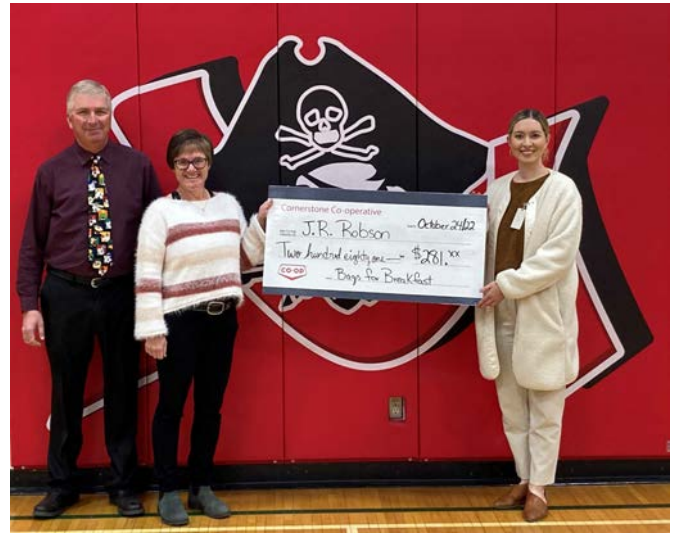


Coach Wanted

JR Robson School in Vermilion is looking for a passionate and knowledgeable qualified volunteer coach to lead our junior girls basketball teams. If interested, please reach out to our school for more information. Thank you

Donation

Thank you to Cornerstone Co-op for their donation of \$281 to our Breakfast Program. It is very much appreciated!



Halloween Breakout activity with ELA 9s

Students took on the role of “Poeyville” Police Investigators and had to determine whether the narrator of Edgar Al-
len Poe’s

short story “Tell-Tale Heart” was criminally responsible for the murder he committed.



Counsellor's Corner

Hard to believe we are half way through our first semester of the school year. We will say goodbye to volleyball, cross-country and football season, and welcome curling and basketball seasons. Congratulations to all of our athletes who have worked hard and represented our school well.

WISEST SET Conference – Saturday, November 26, 2022: WISEST presents the virtual SET Conference (a Science, Engineering and Technology experience) on **Saturday, November 26th**, for girls and gender diverse students in Grades 10 – 12 who are curious about careers in science, engineering, and technology

SET Students will:

- ⇒ Gain insight into different career paths in science, engineering and technology (SET) and related University of Alberta programs.
- ⇒ Explore SET through virtual lab tours and activities
- ⇒ Meet undergraduate and graduate-level university students and learn what it is like to be a student in science, engineering or technology.
- ⇒ Meet STEM professionals and speak with inspiring mentors.
- ⇒ All girls and gender diverse students in grades 10-12 are welcome at SET.

Conference Registration Details

- ⇒ The registration fee is only \$50/student.
- ⇒ Registration opens **October 12th**
- ⇒ Students will download information and register online at https://docs.google.com/forms/d/e/1FAIpQLScr2oRD94bTZSdGGI2_3shgrL9PTIVg47OSlouSVfDYUy7hOg/closedform
- ⇒ Please note: space is limited to 225 students.
- ⇒ For more information please visit this website: <https://www.ualberta.ca/women-in-scholarship-engineering-science-technology/programs/set-conference/index.html>

For high school students, open houses continue for post-secondary institutions during the month of November. Most post-secondary institutions are more than willing to give pri-

vate tours as well. See Mrs. Hart or Mrs. Polishuk for more details. Here is a chart outlining the open houses occurring in November:

Post-Secondary Institution	City	Open House Dates
Canadian Armed Forces	Kingston Ontario	No open house
Medicine Hat College	Medicine Hat/Brooks	November 2 or March 4
Portage College	LacLaBiche, et all	November 1 or March 30

Many post-secondary institutions above waive the registration fee if you attend an open house and register on that day. Some post-secondary schools encourage students to come and be a student for the day and have separate days allotted for just that. Please see the ELAA link below for more details on how to contact a post-secondary school.
https://elaa.ab.ca/index.php?option=com_content&view=article&id=64

Grade 12 students - sign up in the office for your grad photos on November 14 and 15.

For grade 12 students, if you need assistance with your post-secondary applications, career planning, or hunting for scholarships, please do not hesitate to contact Mrs. Polishuk. Once you receive confirmation from the post-secondary school, be sure to check their email system for updates on your application process. You may need documents from J. R. Robson to finalize your registration, so it is very important you keep checking for communication from the post-secondary institution you applied to. Once again - for all correspondence from post-secondary institutions, please use your own home email account.

J. R. Robson uses online reporting through PowerSchool to monitor your child's progress. Please contact the office for more information on how to become digitally connected to PowerSchool.

Our last evening of **Parent-teacher inter-**

(Continued on page 5)

Counsellor's Corner Con't

views will occur on November 2 to address your concerns and the learning needs of your child. Here are a few tips to help your teen be successful in school: <http://kidshealth.org/en/parents/school-help-teens.html?view=ptr&WT.ac=p-ptr>

The J. R. Robson Website or JR-admin Robson Facebook Page, continues to be methods of communication to parents and students about upcoming events.

Remembrance Day Ceremonies will be held on **November 4 at 1:00 pm. Parents are invited to attend if you wish to.** May we take this opportunity to reflect and thank those who have sacrificed their time so we may live the life we enjoy in Canada today. It is also **Formal Day** to honor our veterans.

Also on November 4 at 7:00 pm in the gymnasium, we will host our annual **Awards Ceremony**. Congratulations to all of our winners. To those who do not receive an award, as long as you continue to work to the best of your ability, then you are already winning your own award. Just do your best!

For students in **work experience/RAP/Green Certificate students**, please continue to submit hours and complete necessary paperwork on a regular basis. Grade 10 & 12 - see Mrs. Polishuk, Grade 11 - see Mrs. Hart to enroll in this program or complete required paperwork.

Santa's Anonymous will be collecting names of students and families this month. The deadline is December 1. If you need to access this service, please look for the form attached to this newsletter.

Traditionally November and December can be very stressful months for students due to lack of sunlight hours. For some, they may be feeling overwhelmed. Here are some tips to manage stress taken from <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
Healthy ways to cope with stress:

- Taking care of your emotional health will help you think clearly and react to urgent needs to protect yourself and your family.
- Take breaks from watching, reading, or listening to news stories, including those on social media.
- Take care of your body.
- Take deep breaths, stretch, or meditate
- Eat healthy well balanced meals
- Exercise regularly
- Get plenty of sleep
- Make time to unwind. Try doing some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

November 7-11 is a week off for students to recharge, relax and spend time with family. Enjoy your week away from school .

For Grade 12 Students who may want extra help preparing for Diploma Exams, **Diplomax** may be an option. These course are being offered as webinar broadcasts. These courses have been very helpful to students who have participated in the past.



Alberta-wide Diploma Prep Review Instructor-led Diploma Prep Review Sessions (live **Alberta-wide** webinar broadcasts) in January and June for English 30-1, Social Studies 30-1, Biology 30, Chemistry 30, Physics 30, Math 30-1, Math 30-2, and Science 30

Instructor-led Review Session Advantages

- ◇ Review sessions accessed from home or anywhere in Alberta the student chooses (e.g. school, library)
- ◇ Register on-line (www.diplomax.ca) for immediate access to a complimentary copy of the Instructor's Notes (approximately 100 pages) and MAX Results with completed registration
- ◇ Scheduled review sessions held on Saturday/Sunday between 9:00 am-5:00 pm

Counsellor's Corner Con't

with qualified instructors

- ◇ Instructor-led interactive review and opportunities to ask questions
- ◇ Review covers the course curriculum, provides sample diploma questions and solutions, shares test writing strategies
- ◇ If any session is cancelled for any reason, the **DIPLOMAX Guarantee** (outlined on the web site) provides all registrants with alternative review support materials. DIPLOMAX registration guarantees you get support.

January 2023 Schedule - Register at www.diplomax.ca

SESSION ONE		
English 30-1 OR Social Studies 30-1	Saturday, January 7 Sunday, January 8	9:00 am-5:00 pm 9:00 am-5:00 pm
SESSION TWO		
Math 30-1 OR Math 30-2	Saturday, January 14 Sunday, January 15	9:00 am-5:00 pm 9:00 am-5:00 pm
SESSION THREE		
Biology 30 OR Chemistry 30 OR Physics 30	Saturday, January 21 Sunday, January 22	9:00 am-5:00 pm 9:00 am-5:00 pm

June 2023 Schedule - Register at www.diplomax.ca

SESSION ONE		
English 30-1 OR Social Studies 30-1 Math 30-1 OR Math 30-2	Saturday, June 10 Sunday, June 11	9:00 am-5:00 pm 9:00 am-5:00 pm
SESSION TWO		
Biology 30 OR Chemistry 30	Saturday, June 17 Sunday, June 18	9:00 am-5:00 pm 9:00 am-5:00 pm
SESSION THREE		
Physics 30 OR Science 30	Saturday, June 24 Sunday, June 25	9:00 am-5:00 pm 9:00 am-5:00 pm

When we return from the November 7-11 break, we will have 6 full weeks of school before Christmas Break. For Grade 12 students, diploma exams will happen the first week back in January. This is going to be a long stretch for all of us. Here is a poem to remind us we need to See it Through!

See It Through
Edgar Guest - 1881-1959

When you're up against a trouble,
Meet it squarely, face to face;
Lift your chin and set your shoulders,
Plant your feet and take a race.
When it's vain to try to dodge it,
Do the best that you can do;
You may fail, but you may conquer,
See it through!

Black may be the clouds about you
And your future may seem grim,
But don't let your nerve desert you;
Keep yourself in fighting trim.
If the worst is bound to happen,
Spite of all that you can do,
Running from it will not save you,
See it through!

Even hope may seem but futile,
When with troubles you're beset,
But remember you are facing
Just what other men have met.
You may fail, but fall still fighting;
Don't give up, whatever you do;
Eyes front, head high to the finish.
See it through!

Social Globalization Potluck

The Social 10's participated in a globalization potluck feast, they each brought a dish that has it's origins or ingredients from another country.



Halloween 2022

Staff and students came dressed for Halloween on Monday, Oct. 31. A costume parade and activities were planned for the last two classes of the day. Activities included coloring, pumpkin carving, tic-tac-

toe and bingo in the LC. Candy was handed out to students to enjoy.



FREE FAMILY & PUBLIC SWIM

at Lakeland College Vermilion Aquatic Centre



Sponsored by

ARPA

& Vermilion Wellness Coalition

Saturday November 12th, 2022 1:30 - 3:00 p.m

Friday November 18th, 2022 6:30 - 8:00 p.m.

Friday November 25th, 2022 6:30 - 8:00 p.m.

Saturday November 26th, 2022 1:30-3:00 p.m.

Friday January 6th, 2023 6:30 - 8:00 p.m.

Saturday January 14th, 2023 1:30 -3:00 p.m.

Friday January 20th, 2023 6:30 - 8:00 p.m.

Friday February 3rd, 2023 6:30 - 8:00 p.m.

Saturday February 11th, 2023 1:30- 3:00 p.m.

Friday March 3rd, 2023 6:30-8:00 p.m.





VERMILION LIONS CLUB
5240-65TH STREET
VERMILION, ALBERTA
T9X 1X6



2022 SANTA ANONYMOUS REGISTRATION FORM
Vermilion and Area, Minburn, Mannville, Clandonald, Islay
DEADLINE FOR REGISTRATION IS December 1, 2022.

If there are no children in your household gift cards only will be mailed to you by Dec 8th for you to purchase your food once our volunteer speaks with you. If you have children ages 12 and up you may receive your food and gifts delivered on December 17th or we may mail the food and gift cards to you. Someone will be in contact to discuss. Children ages 0 to 12 will receive presents and the presents and food gift cards will be delivered on Saturday December 17th starting at 9:00 a.m.

Name: _____
Street or Box Address: _____
Town: _____ Postal Code: _____

Phone: _____ (If you do not have a phone, another contact number is required.)
If we cannot contact you to confirm we will not provide.

Is your family's income below \$35,000.00? _____ (Combined income of both spouses based on Line 150 of you and your spouse's tax return)

First Name (and last if different) of every member in the household	Male or Female	Age of children under 18	Name of School Child/Youth attends

We require a reference to be identified by the recipient that can be contacted to confirm that the recipient is experiencing financial hardship and requires the assistance of Santa Anonymous. A reference must know which community you live in. The reference can be a staff member from Human Resources (social services), Children Services, School personnel, Clergy, Counsellors, Village or Town Administrator or Councillors, FCSS, nurse, or RCMP member. Your reference cannot be a relative. The reference must know all members of the family, including the children. If the reference information is not filled out then the application will not be considered complete and may not be processed. My reference is:

Reference's Name _____ Position _____ Agency _____ Phone # _____

Please note: Mail completed application to address at the top. If you require more information please call Barry at 853-1188. By signing this form you agree that **the Vermilion Lions Club has the right to contact the reference to confirm hardship and/or call the local schools to confirm children.**

Applicant's Signature